

GRIEF GROUPS - 2025

Guidance Through Grief Group JANUARY 2025

Every Thursday from January 16, 2025 – March 6, 2025
(8-week Adult Grief Group)

Time: 12:00 PM – 1:30 PM

Meeting Room Location: Conference Room C

Andwell Hospice believes all people deserve access to services that can enhance one's quality of life after the loss of loved one. *Guidance Through Grief* is offered to support individuals through the grieving process. All members of the community are welcome to join regardless of whether your loved one was a patient of Andwell Health Partners.



If you have any questions, please contact
Andwell Hospice Bereavement Department.
Email: bereavement@andwell.org or
Call 207-795-9468

How to Register for a Group

Online: www.andwell.org/bereavement

Call: Bereavement Department
207-795-9468

Registrations will open November 15th

All bereavement services are
offered free of charge.

Partner Loss Grief Group JANUARY 2025

Every Wednesday from January 15, 2025 –
March 5, 2025 (8-week Adult Grief Group)

Time: 1:00 PM – 2:30 PM

Meeting Room Location: Oxford Conference Room

Partner Loss is a support group for individuals who have lost a spouse, fiancé or significant other. The loss of a life partner can cause many changes, emotions, and bring up many questions. Comfort can be found when you know that you are not alone. Having an opportunity to tell your story is an important part of your grief process. All members of the community are welcome to join regardless of whether your partner was a patient of Andwell Health Partners.



Restorative Retelling Grief Group March 2025

Every Monday from March 17, 2025 – May 19, 2025
(10-week Adult Grief Group)

Time: 5:30 PM – 7:00 PM

Meeting Room Location: Conference Room A

Join us for our upcoming *Restorative Retelling* Grief Support Group for adults who are experiencing traumatic grief. This group is to support those who are navigating their grief as a result of a loved one's sudden, traumatic, or unexpected death (Due to homicide, overdose, completed suicide, motor vehicle accident, Death with Dignity (DWD), or medical event). All members of the community are welcome to join this coming together of persons in a safe space. A place where people are willing to talk with others about this unique type of loss and the challenges that come with it.

All Groups will be held at:
Andwell Health Partners
15 Strawberry Ave
Lewiston, ME 04240



Andwell
Hospice