## GRIEF GROUPS - APRIL 2025

### Guidance Through Grief Group

Every Thursday 10:00am-11:30am April 3, 2025 – May 22, 2025

@ Andwell Health Partners 15 Strawberry Ave, Lewiston, ME (8-week Adult Grief Group)

Andwell Hospice believes all people deserve access to services that can enhance one's quality of life after the loss of loved one.

Guidance Through Grief is offered to support individuals through the grieving process. All members of the community are welcome to join regardless of whether your loved one was a patient of Andwell Health Partners.



# HOW TO REGISTER FOR A GROUP

ONLINE WWW.ANDWELL.ORG/BEREAVEMENT

CALL
BEREAVEMENT DEPARTMENT
207-795-9468

ALL BEREAVEMENT SERVICES ARE OFFERED FREE OF CHARGE.

### Partner Loss Grief Group

New Location

Every Thursday 12:45pm-2:15pm April 3, 2025 – May 22, 2025 @ SeniorsPlus Norway 9 Marston Street, Norway, ME (8-week Adult Grief Group)

Partner Loss is a support group for individuals who have lost a spouse, fiancé or significant other. The loss of a life partner can cause many changes, emotions, and bring up many questions. Comfort can be found when you know that you are not alone. Having an opportunity to tell your story is an important part of your grief process. All members of the community are welcome to join regardless of whether your partner was a patient of Andwell Health Partners.

### Partner Loss Grief Group

Every Wednesday 10:00am-11:30am April 2, 2025 – May 21, 2025 @ Andwell Health Partners 15 Strawberry Ave, Lewiston, ME (8-week Adult Grief Group)

Partner Loss is a support group for individuals who have lost a spouse, fiancé or significant other. The loss of a life partner can cause many changes, emotions, and bring up many questions. Comfort can be found when you know that you are not alone. Having an opportunity to tell your story is an important part of your grief process. All members of the community are welcome to join regardless of whether your partner was a patient of Andwell Health Partners.

If you have any questions, please contact Andwell Hospice Bereavement Department Email: <a href="mailto:bereavement@andwell.org">bereavement@andwell.org</a>

or Call: 207-795-9468

