

Andwell HEALTH PARTNERS

Lewiston 15 Strawberry Ave, Lewiston, ME

Guidance Through Grief

Thursdays 1/14/27-3/4/27

10:00 am – 11:30 am

Partner Loss Grief Group

Tuesdays 1/12/27-3/2/27

10:00 am – 11:30 am

Getting through the Holidays

Tuesdays 11/10/26-12/29/26

10:00 am - 11:30 am

Scarborough 390 US-1, Scarborough, ME

Healing After Loss

Mondays, 11/23/26-1/4/27

11:00 am-12:30 pm

Mondays, 2/1/27-3/8/27

11:00 am - 12:30 pm

Virtual

Healing After Loss

Wednesdays, 12/2/2026 - 1/13/2027

5:00 pm - 6:30 pm

Tuesdays, 2/2/27-3/9/27

5:00 pm - 6:30 pm

Norway 39 Main St., Unit 2, Norway, ME

Partner Loss Grief Group

Thursdays 1/14/27-3/4/27

3:30 pm - 5:00 pm

Wilton 284 Main St Suite 100, Wilton, ME

(Seniors Plus)

Guidance Through Grief

Tuesdays, 1/12/27-3/2/27

10:00 am – 11:30 am



Registration Required

(Groups must have a minimum of 6 participants to take place).

Reserve your spot today!

Scan the QR code, visit andwell.org/bereavement or call (207) 777-7740